

## STATEMENT

I declare that I have read Terms and Conditions of using SUM Library.

I have read and understand the health and safety warning when using the VR headset. I have no medical contraindications to using the VR headset.

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Date

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Signature

## HEALTH WARNING

1. VR devices should not be used if you are ill, tired, under the influence of alcohol, drugs, medication or lack of general wellbeing, as they may contribute to worsening this condition..
2. Contraindications to the use of VR devices include pre-existing heart disease, seizures or other epileptic symptoms, diseases of the nervous system; psychiatric disorders (e.g. anxiety or post-traumatic stress disorder); conditions that affect the ability to safely perform physical activities, and pregnancy or advanced age.
3. The devices emit radio waves that can affect surrounding electronics, including pacemakers and hearing aids.
4. If you experience any of the following symptoms, inform the librarian and stop the session immediately: convulsions, involuntary movements, dizziness, increased heart rate, sudden spikes in blood pressure, loss of consciousness, panic attack, anxiety attacks, visual disturbances, balance disorders, nausea, headache or eye pain, motion sickness-like symptoms or any other worrying symptoms.
5. VR headset may only be used with hand, face and hair hygiene. They must not be made available to people suffering from infectious diseases or infections of the eyes, skin or hair.